

10 YEAR ANNIVERSARY
A decade of excellence, a legacy of care.



MARYCREST *Moments*

WINTER
2008

OUR MISSION

Marycrest Assisted Living is a legacy of the Sisters of St. Francis. We provide compassionate and comprehensive services in a comfortable and dignified environment for persons with disabilities and for seniors. By serving those most in need we honor and maintain the mission of our founders.

Board of Directors:

Dennis Jones, Board President
Stifel Nicolaus & Company, Inc.

Karen Wenzel
Rocky Mountain MS Center

Sr. Sue Artone-Fricke, Board Secretary
Sisters of St. Francis

Sr. Regina Boyle
Sisters of St. Francis

Sr. Genevieve Cuny
Sisters of St. Francis

Don Lindley, Board Treasurer
Regis University

Mary Helen Sandoval
RE/MAX City Horizons

Lynn Smith, Board Vice President
Kate's on 35th

Michael Sullivan
HVS Capital Corporation

Rose Sullivan
Student and Community Volunteer

The Director's Slate

Paula Padilla, Executive Administrator



OVER TEN YEARS AGO, the Sisters of St. Francis foresaw the need for affordable assisted living services for low-income seniors and for younger adults with disabilities, and Marycrest Assisted Living was conceived. As we celebrate our tenth anniversary this year, the Sisters' vision and commitment is expressed in every aspect of our business. Many of our board members and management have been with the organization since we opened, and at times our list of prospective residents has been a year or longer. Harmony and Serenity residences are vibrant, lively places to call home.

The long-term care industry is changing rapidly. Seniors are living longer, and have different expectations. Younger people with chronic health problems or disabilities need ways to connect with the larger community, socialize with peers and contribute in the ways that they can. Assisted living facilities must accommodate the physical needs of residents, while programs and activities must match their interests and abilities. Residents expect a greater variety of activities, and more stimulating activities than a decade ago.

Assisted living is not the 'pre-nursing home' environment

of decades ago, and providers like Marycrest Assisted Living must be nimble in anticipating trends and offering accommodations and services in a market-driven world.

We are proud that Marycrest Assisted Living has adapted to the demands of our customers. We are, in fact, nationally recognized for our innovation.

Being a leader in this industry takes people and talent. Marycrest Assisted Living has been fortunate during most of our first decade to have the partnership and talents of *Health Dimensions Group, Inc.*, a fully integrated senior living and healthcare management and consulting firm. Health Dimensions is nationally known for combining strong business practices with a commitment to under-served populations. With their guidance, Marycrest Assisted Living has provided consistently excellent

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>> care to residents, and led the industry in specialized services and programming for younger adults with disabilities. We have done all this while fulfilling our mission to welcome any resident, regardless of ability to pay.



campus continues its growth into a mission-inspired community of affordable housing and neighborhood services.

With the continued partnership with Health Dimensions Group, we are identifying ways to make Serenity and Harmony residences more comfortable, and more functional for the changing needs of our residents. We hope you will “pardon our dust” as we spruce up public areas, replace equipment and otherwise improve the residences and grounds.

In the coming months of this anniversary year, Marycrest Assisted Living will expand our quarterly newsletter *Marycrest Moments* to monthly issues to keep our friends up-to-date on celebrations and our transition into our second decade. We will also keep you informed as the rest of the Sisters of St. Francis’ hilltop

Every aspect of life at Marycrest Assisted Living comes down to one factor: **people**. The Sisters of St. Francis serve as the compass of our mission. Our residents, staff, board, donors and friends make Marycrest Assisted Living unique among long-term care providers in Colorado. Thank you for your part in creating this vibrant community.

Please join us in celebrating...
a decade of excellence, a legacy of care.

With sincerest appreciation,

Paula
Paula Padilla

MARYCREST MOMENTS

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Marycrest Assisted Living offers services to everyone without regard to race, color, sex, religion, marital status, handicap or national origin.