

WHAT IS “ELDER TRAINING?”

Elder Training is a new and pioneering program developed by Wisdom Center.

Its purpose is to support individuals in their transition into elderhood. Using exercises developed by Rabbi Zalman Schachter-Shalomi (author of “From Age-ing to Sage-ing”), it assists us in harvesting the rich experience of our lives, finding patterns that make each life a unique work of art, healing whatever needs healing to make us complete and free to serve our world as wise elders.

As Barry Barkin, an elder educator, puts it, “Just as there is a preparation for life’s earlier stages, there needs to be an initiation into and education for elderhood.”

Thus, “Elder Training!”

Come join us in 2006-2007...

WHY “ELDER TRAINING?”

Everyone who receives the gift of long life becomes older. But not everyone who is old becomes an elder. Elders achieve a spiritual maturity that enables them to serve the world in a unique way.

Come enter the program of “Elder Training” this year. Join with others with a zest for the adventure of aging. Deepen your spiritual and intellectual life so you can take on the full role of an elder.

“Elder Training” Course Requirements

- Regular class participation
- One hour of reading and reflection in preparation for each session
- 2 individual sessions with Sr. Macrina

No tests or written homework!

WISDOM CENTER FALL 2006 SCHEDULE



Marycrest Retreat Center, home of Wisdom Center, will close November 1.

Wisdom Center will then move to Most Precious Blood Parish. We are thankful for MPB’s gracious hospitality

Wisdom Center’s Fall offerings (September 10 and October 14) will be held at Marycrest.

Our new “Elder Training” Program, which will begin on September 14, will be held exclusively at Most Precious Blood.

To register now for any program, **call Sr. Macrina Scott,** 303-458-6270 Ex.124
Our new phone number at MPB will be available in the fall.

FALL OPENING EVENT

“The Spirituality of Aging”

Sr. Anne Stedman, OSB

Prioress of Benet Hill
Monastery, Colorado Springs
Former Director of Liturgy of the
Archdiocese of Denver

Spirituality is all about
relationship: with self, with
others, with God, and with our
universe. In this event, we will
probe our relationship-ality as
we move into our wisdom
years.

**Sunday, September 10th
2:00-4:00 pm**

Wisdom Center—
Marycrest
2851 W. 52nd Ave.
(about 1 mile north of I-70)
(303) 458-6270 Ex 124

Cost

\$15 if registered by Sept 1st
\$20 if registered after Sept 1st

SPECIAL OCTOBER EVENT

“Aging Body; Vibrant Spirit”

Kathy McGovern, MA

Illness is not just for the
nursing home. At age 54,
Kathy has been visited with
more than her share of
medical challenges. In this
reflective day, Kathy will
discuss the ways in which
illness has frustrated and
blessed her. She will help us
deal with illness in a positive
way.

**Saturday, October 14th
9:00 am-2:00 pm**

Wisdom Center-Marycrest
2851 W. 52nd Ave.
(303) 458-6270 Ex 124

Cost

\$30 (includes lunch)



ELDER TRAINING

(New in 2006-2007)

Elder Training is a new
program that is being
introduced by
Wisdom Center in 2006-2007.
It will consist of 20 two hour
sessions, each held at Most
Precious Blood parish in
Southeast Denver.

**Begins: September 14th
20 sessions**

Thursdays, 9:30-11:30am

Most Precious Blood
2200 S. Harrison St.
(just south of I-25 & Colorado
Blvd)

Facilitator

Sr. Macrina Scott, OSF
303-458-6270 Ex. 124
Certified Sage-ing Leader

Cost

\$200 for 20 sessions
Scholarships Available

Space is Limited!

To register, call Sr Macrina